

amalthia
DAY SPA



FACE TREATMENTS

FACIAL EXPRESS

For you that want perfect results but in express time. You can combine it with body treatments or massages.

30 min 30€

ACNE FACIAL EXPRESS

Effective, fast and reliable acne treatment. It has strong germicidal action and contributes to the absorption of inflammation and irritation.

30 min 30€

AFTER SUN FACIAL TREATMENT

It is the ideal treatment for after an extended exposure at the sun because of the effective hydrating results and all the healing properties of Aloe Vera it has.

50 min 40€

ANTI-AGE CAVIAR FACIAL TREATMENT

Anti-ageing and firming facial treatment that using smooths wrinkles, tightens the skin and treats swelling and dark circles around the delicate eye area. Using the powerful antioxidant qualities of caviar and $\Omega 3$, naturally increases collagen production and softens deep wrinkles.

50 min 50€



Facial Add-ons

BRIGHT EYES TREATMENT **20 min 20€**

SCALP MASSAGE **15 min 15€**

Focus on the Feet Add-ons

FOOT EXFOLIATION AND MASSAGE **20 min 20€**

JUST FOR FEET MASSAGE **15 min 15€**

MASSAGE

RELAXING FULL BODY MASSAGE

An all-over-the-body treatment based on gentle movements, which relaxes and provides wellness to your body and soul.

55 min 45€

BACK AND NECK MASSAGE

Deep tissue relaxing massage for the back and neck, performed to give your body immediate relief from pain and stress and improved circulation in major areas of tension.

30 min 30€

DEEP TISSUE MASSAGE

Hard pressure massage for all over the body which reduces pain and muscular tension. Ideal for athletic type of people.

55 min 50€

AROMATHERAPY MASSAGE EXPERIENCE

A light holistic massage experience using a blend of essential oils of your choice that are especially formulated to balance your body's energy while treating your senses to delightful and aromatic fragrances.

55 min 50€

PREGNANCY MASSAGE

A unique experience for the Mom-to-be designed to pay special attention to the expectant mother. This is a relaxing massage that will ease some of the discomforts of pregnancy like swollen feet and lower back pain.

45 min 40€

TIRED LEGS & FEET MASSAGE

For legs lighter and rejuvenated. This expert therapy uses Chinese philosophy and moves inspired by reflexology and acupressure that will make you feel lighter and pain free.

30 min 30€

INDIAN SCALP MASSAGE

A relaxing and rejuvenate treatment, in which are used Ancient Indian techniques, that focuses on the head, neck and face areas. It helps to reduce stress, increases mental alertness and refreshes the body, spirit and mind.

30 min 30€

BODY TREATMENTS

CRETAN BASIL EXFOLIATION BODY TREATMENT

Exfoliation is the most essential process of real skin rejuvenation. It helps rid all the dead cells of the skin and offers in-depth renewal making the skin tan smoother and easier. It allows moisturizers and oils to penetrate the skin and help it produce elastin and collagen.

30 min 30€

NATURAL MEDITERRANEAN BODY TREATMENT

A herbal all-natural scrub with Cretan sea salt, honey, olive oil and lemon, rich in healing properties for any type of skin, removes the dead cells leaving it soft and ready for the perfect tan. The moisturizing Aloe Vera mask that follows deeply moisturizes and nourishes the skin while leading to the ultimate relaxation, inner harmony and balance.

50 min 45€

SUN RELIEF ALOE FULL BODY TREATMENT

A refreshing treatment that deeply hydrates and helps regenerate the skin. The treatment includes a full body massage with a combination of plant oils that moisturizes and nourishes the skin, leaving it soft and smooth. The treatment is combined by an Aloe Vera mask for the whole body.

50 min 40€

ANTI-CELLULITE BODY TREATMENT

Institute appropriate therapy for the treatment of cellulite and localized fat using massage techniques and a body wrap with seaweed and mud. This body detox treatment ideally complements a program of weight loss and detoxification.

50 min 45€

PACKAGES

Everyday Massage

Back and neck massage 30 min (4 sessions) **120€ 90€**

Relaxing full body massage 55 min (4 sessions) **180€ 140€**

Spa Escape

Cretan basil exfoliation body treatment, Back & neck massage,
Facial express or Acne Facial express. 120 min **120€ 90€**

Spa Family Moments

Relaxing full body massage (for 2 people) **55min**

Cretan Basil exfoliation body treatment (for 2 people) **30 min**

After sun facial treatment (for 2 people) **50 min**

220€ 180€